

| | LUNES | | | | | MARTES | | | | | MIERCOLES | | | | | JUEVES | | | | | VIERNES | | | | | SABADO | |
|-------|-------|-----------|------|--------|--------|--------|-----------|------|--------|--------|-----------|-----------|------|--------|--------|--------|-----------|------|--------|------|-----------|------|--------|-----------|--------|--------|--|
| | YOGA | ARCO IRIS | AIRE | TATAMI | CÚPULA | YOGA | ARCO IRIS | AIRE | TATAMI | CÚPULA | YOGA | ARCO IRIS | AIRE | TATAMI | CÚPULA | YOGA | ARCO IRIS | AIRE | TATAMI | YOGA | ARCO IRIS | AIRE | TATAMI | ARCO IRIS | CÚPULA | | |
| 7:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 8:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 8:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 9:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 9:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10:30 | | | | | | | | | | | | | | | | | | | | | | | | | | 10:00 | |
| 11:00 | | | | | | | | | | | | | | | | | | | | | | | | | | 10:30 | |
| 11:30 | | | | | | | | | | | | | | | | | | | | | | | | | | 11:00 | |
| 12:00 | | | | | | | | | | | | | | | | | | | | | | | | | | 11:30 | |
| 12:30 | | | | | | | | | | | | | | | | | | | | | | | | | | 12:00 | |
| 13:00 | | | | | | | | | | | | | | | | | | | | | | | | | | 12:30 | |
| 13:30 | | | | | | | | | | | | | | | | | | | | | | | | | | 13:00 | |
| 14:00 | | | | | | | | | | | | | | | | | | | | | | | | | | 13:30 | |
| 14:30 | | | | | | | | | | | | | | | | | | | | | | | | | | 14:00 | |
| 15:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 15:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 16:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 16:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 17:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 17:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 18:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 18:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 19:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 19:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 20:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 20:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 21:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 21:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 22:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 22:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | |

ESCUELAS

PILATES 9:30

PILATES 10:30

PILATES 9:30

PILATES 10:30

YOGA 10:00

PILATES 10:30

YOGA 10:00

PILATES 10:30

YOGA 17:30-18:45

PILATES 17:30

FUNKY 17:30

YOGA 17:30-18:45

PILATES 17:30

FUNKY 17:30

HIP HOP JUVENIL 17:30-19:30

PILATES 18:30

FUNKY 18:30

PILATES 18:30

FUNKY 18:30

YOGA 19:00-20:15

PILATES 19:30

ESPALDA SANA 19:30

FUNKY 19:30

TELAS INICIACIÓN 19:00

YOGA 19:00-20:15

PILATES 19:30

ESPALDA SANA 19:30

FUNKY 19:30

RITMOS LATINOS INICI.-INTERM. 20:00

HIP HOP ADULTO 19:30-21:30

ESCUELA CONTEMP. JUVENIL 20:30 - 21:30

BOXEO 21:00

TELAS INICIACIÓN 20:30

FUNKY 20:30

TELAS AVANZADO 20:30

ESCUELA CONTEMP. JUVENIL 20:30 - 21:30

BOXEO 21:00

TELAS INICIACIÓN 21:00

FUNKY 20:30

SALSA AVANZ. 21:00

BOXEO 21:00

ESCUELA CONTEMP. ADULTO 21:30 - 22:30

ESCUELA CONTEMP. ADULTO 21:30 - 22:30